



CLUB GROUNDS:

Springdale Park
55 Springdale Road, Karragullen

POSTAL ADDRESS:

PO Box 1002, Roleystone WA 6111

WEBSITE:

www.roleystonetbc.com

Healthy Club Policy

This policy applies to all members, administrators, officials, coaches, players, visitors and volunteers of the Roleystone Tee-Ball and Baseball Club Inc.

This policy is effective from 1 January 2009.

SMOKING

Roleystone Tee-Ball and Baseball Club Inc. recognises that smoking and passive smoking are hazardous to health.

We will ensure a smoke free environment by:

- Ensuring all indoor areas of the club including the balcony and also the entire playing surface of Springdale Park remain smoke free. If you must smoke please use the sealed car park away from bush land.
- Prominently displaying no-smoking signage.
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SUN PROTECTION

Roleystone Tee-Ball and Baseball Club Inc. will take all reasonable steps to address sun safe practices by:

- Scheduling activities (where possible) outside the hours of 10am to 3pm.
- Ensuring adequate shade is provided.
- Following The Cancer Council Western Australia guidelines for SunSmart clothing and hats.
- Encouraging all of our players to apply sunscreen before and during games.

SPORTS SAFETY

Roleystone Tee-Ball and Baseball Club Inc. will encourage all members to adopt practices that seek to prevent injury by:

- Encouraging warm-up, stretching and cool-down as an important component of playing and training.
- Promoting the use of protective equipment including body padding, mouth guards, suitable clothing and footwear.
- Providing safe playing surfaces, first aid equipment and accredited First Aiders/Sports Trainers at all training sessions and competition matches.
- Ensuring adequate public liability and player insurance for all members.
- Encouraging all players with a prior or current injury to seek professional advice from a sports medicine professional and be fully rehabilitated before returning to play.

NON COMPLIANCE STRATEGY

The following four step non-compliance strategy will be followed if anyone breaches the Roleystone Tee-Ball and Baseball Club's Healthy Club Policy.

1. Assume that the person is unaware of the policy.
2. A staff member or club representative will approach the person breaching the policy and ask them to refrain from the behaviour and remind them about the policy.
3. If an offence continues (i.e. someone continues to smoke in a smoke free area or is intoxicated) the most Senior Staff member will verbally warn them again and hand over a formally written letter. The letter will outline the Healthy Club Policy and state that if the persons continues the behaviour they will be asked to leave.
4. If the offence does continue then the patron will be escorted out of the facility by staff and/or a Senior Club Representative.

This policy will be reviewed six months after its introduction and then on annual basis thereafter. This will ensure that the policy remains current and practical.

Adult players, coaches and club members are expected to set appropriate examples and act as role models for Junior Club members.

The club will make information available to club members and families to promote healthy lifestyles. Anyone wishing to discuss any aspect of this policy is invited to contact any members of the committee. Thank you for your co-operation.